

# Welcome to Germany

Many private persons, volunteers and aid organisations offer help.

Unfortunately, there are also people who take advantage of the situation of emergency and may want to exploit you.

## Be vigilant!

- Never give your passport and mobile phone to other people for safekeeping
- Inform your family or friends of where you are going and staying
- Be sceptical if you are offered work as soon as you arrive
- Leave your accommodation or home if you do not feel safe there
- Be sceptical if you are asked for money or pressured to do something you do not want to do
- Remember: Counselling and help about residency or social matters are free of charge in Germany

**In the event of acute danger or suspicion, contact the police and dial 110!**

**If you have the feeling that someone wants to exploit your emergency situation, you can contact the following organisation in the Thuringia region free of charge:**



### bekom thüringen

Fachberatungsstelle für Betroffene von Menschenhandel

[www.bekom-thueringen.de](http://www.bekom-thueringen.de)

+49 157 504 527 69

+49 157 390 537 91

+49 163 230 136 0



For counselling centres in other regions of Germany consult:

<https://www.kok-gegen-menschenhandel.de/der-kok/fachberatungsstellensuche>

Herausgegeben von reufigio thüringen e.V.

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